



Skin Health Experts Medical Corporation™ is comprised of the most experienced medical professionals and estheticians. A board of medical advisors, internists, plastic surgeons and Kate Somerville work together to bring you the latest most advanced technology to deliver superior skin health wellness.

We highly recommend that you meet with a Skin Health Expert™ for an in-depth consultation to map out your customized skin care needs. Every person's skin is different, so having a consultation is the first step to achieve optimal skin health and a beautiful complexion.

## Skin Type Key

**ANTI-AGING** Loss of elasticity, fine lines and wrinkles, crow's feet, sagging, crepey skin, nasolabial folds, enlarged pores

**ACNE / BLEMISH** Congestion, blackheads, hormonal breakout, adult acne

**REDNESS** Rosacea, broken capillaries, spider veins, redness on the cheeks/chin area

**DISCOLORATION** Hyperpigmentation, sun damage, dark spots, masking, age spots, liver spots, uneven skin tone, melasma

**SCARRING** Acne scarring, pitting, indentations, uneven texture, keloids, surgery scarring, injury scarring, skin depression

**FACIALS / 2** Kate Somerville Signature Facial  
Lift & Glow Facial  
Pregnancy Facial  
DermalQuench™ Oxygen Treatment  
The Ultimate Kate  
MuscleLift

**LIGHT THERAPIES / 4** DermaLucent™ Clear Series  
DermaLucent™ Renew Red Facial  
DermaLucent™ Renew White Facial  
DermaLucent™ Renew Series

**LASER THERAPIES / 5** Titan®  
Pearl®  
Laser Genesis®  
Laser Genesis® Eye Therapy  
Laser Genesis® Lip Plump  
IPL Therapy  
Lime Light  
Vascular Therapy  
Laser Hair Removal

**INJECTABLES AND SPECIALTY / 6** BOTOX® Cosmetic  
Dermal Fillers  
Liquid Facelift  
Cosmelan® Depigmentation  
Hyfrecator  
TCA Spot Removal  
Latisse®

**CLINIC POLICIES / 8** Policies and Location

### Kate Somerville Signature Facial

Designed to deliver healthier, radiant skin, the Signature Facial is customized to each individual's needs. The treatment begins with enzymatic exfoliation and necessary extractions, and a customized treatment mask follows. The facial finishes with an acupressure massage. Skin is left smoother, clearer and healthier than before.

50 minutes

ALL SKIN TYPES

### Lift & Glow Facial

A longtime Kate Somerville favorite, this treatment has a devoted following because of its dramatic result. The MuscleLift effectively combines 3 types of electric current to strengthen, re-educate and lift tired muscles back into their youthful position. Like a workout for the face and neck, this treatment keeps muscles healthy and in shape. Clients witness a lift in the brow, the apples of the cheeks and around the jaw line. This treatment also include a white LED light to reduce wrinkles and rejuvenate the skin. White light stimulates cellular renewal, causing the production of collagen and elastin, deeper than the red LED light. Results include collagen remodeling, increased volume, and the flushing of toxins. This combination therapy will help the skin will appear more firm and radiant.

80 minutes

ANTI-AGING

### Pregnancy Facial

This luxurious facial was created for the expectant mother with her needs and comfort in mind. Created to address hormonal fluctuations, puffiness, dehydration and other common concerns, this nurturing facial will calm, hydrate and balance. Gentle massage and the use of "baby-friendly" ingredients will set the pregnant or breast-feeding mother at ease.

50 minutes

ALL SKIN TYPES

### DermalQuench™ Oxygen Treatment

For unparalleled hydration and that signature glow, DermalQuench™ is a Kate Somerville favorite. The skin is drenched in a hyaluronic serum and vitamins. Oxygen is then applied as the serum soaks into cells, for further hydration, healing and conditioning. Watch dryness and fine lines disappear, and discover a softer, supple complexion.

60 minutes

ANTI-AGING

### The Ultimate Kate

The Ultimate Kate facial is just that! It begins with enzymatic exfoliation and light extractions. The skin is then drenched with Kate's DermalQuench™ serum and oxygen technology. The client is then placed under the DermaLucent red LED light to further penetrate the serum, and stimulate collagen and elastin. The result is a firm, even skin tone and red carpet-ready complexion.

80 minutes

ANTI-AGING / DISCOLORATION / REDNESS

### MuscleLift

A Kate Somerville favorite, this treatment has a devoted following because of its immediate result. The MuscleLift effectively combines three types of electric current to strengthen and lift tired muscles back into their youthful positions. Clients witness a lift in the brow, the apples of the cheeks and around the jaw line. Highly recommended post-Titan treatments.

60 minutes

ANTI-AGING

### Light Therapies

*Note for Light Therapies—Photosensitizing medication and conditions are not suitable for these treatments.*

### DermaLucent™ Clear Series

A series of skin-cleansing facial treatments, in conjunction with blue and red LED light therapy, that effectively treats and clears acne without side effects. Over the course of four weeks, eight light treatments will alternate between blue and red LED lights. This natural, highly effective process is noninvasive, painless, and is clinically proven to reduce acne and acne-causing bacteria.

50 minutes each; series of 8 treatments

ACNE / BLEMISH

### DermaLucent™ Renew Red Facial

The treatment delivers a natural method of light-only skin rejuvenation. It works with the body's own natural processes to counteract the effects of aging. Skin is illuminated with red LED lights to increase collagen production and help protect the skin from free radical damage caused by the sun's harmful rays. In conjunction with Kate Somerville's innovative dermal boosters that are used in each treatment, the DermaLucent™ Renew Red Facial provides truly powerful results.

50 minutes

ALL SKIN TYPES

**DermaLucent™ Renew White Facial**

This unique anti-aging facial includes white LED lights to reduce wrinkles and rejuvenate the skin. The treatment begins with enzymatic exfoliation and light extractions. White LED lights stimulate cellular renewal, causing the production of collagen and elastin, deeper than the red LED lights. Results include collagen remodeling, increased volume, and the flushing of toxins. The skin will appear firmer and thicker over time. This treatment is also a great addition to laser therapy.

50 minutes

ALL SKIN TYPES

**DermaLucent™ Renew Series**

A combination of the DermaLucent™ Renew red and white LED lights synergistically helps activate your skin's natural renewal system to reverse the effects of aging while restoring a younger and healthier appearance. Studies have shown over 80% reported improvement of fine lines, tone and texture of the skin. This series includes eight sessions of light therapy over a four-week timeframe.

50 minutes each; series of eight treatments

ANTI-AGING

**Laser Therapies**

*Note for Laser Therapies—Photosensitizing medication and conditions are not suitable for this treatment.*

**Titan®**

Safe and painless, this progressive laser turns back the clock. A "non-surgical facelift," Titan® safely uses infrared light to tighten and add volume to the skin. Titan® gently heats the inner layers of the skin, causing collagen contraction and production. It is especially effective in reducing smile lines, lifting the brow and eyelids, and tightening the neck and jaw line. Results can be dramatic and will continue to improve for up to six months post-treatment. One to three treatments are recommended.

Time will vary

ANTI-AGING

**Pearl®**

The Pearl® is a cutting-edge laser technology. It resurfaces the top layers of the skin and delivers light to the tissue for further rejuvenation. The Pearl treats surface lines, deep wrinkles, scarring and solar damage, and is especially good for improving texture. We include a DermaLucent™ white and red LED light treatment for increased results and quicker healing. This peel requires 3–5 days of social downtime.

2 hours

ANTI-AGING / DISCOLORATION / SCARRING

**Laser Genesis®**

For all skin types, this gentle non-invasive laser is effective for anti-aging, rosacea, acne and scarring. By warming the skin and stimulating collagen, this painless treatment polishes the complexion, reduces redness and decreases pore size and fine lines. Recommended as a series for best results.

15–45 minutes

ANTI-AGING / DISCOLORATION / REDNESS / SCARRING

**Laser Genesis® Eye Therapy**

This treatment incorporates laser technology, targeting the surrounding eye area (not including the eyelid). Working to refine texture, soften crow's feet, eliminate fine lines and lighten dark circles, Recommended as a series for best results.

15 minutes

ANTI-AGING / DISCOLORATION

**Laser Genesis® Lip Plump**

This unique lip therapy utilizes laser technology to promote collagen and elastin production. By gently warming the lips and surrounding tissue, collagen forms, thereby filling lines and giving lips a smoother, fuller appearance. Recommended as a series for best results.

15 minutes

ANTI-AGING

**IPL (Intense Pulsed Light) Therapy**

Designed to clear skin of sun spots, irregular pigmentation, small capillaries and general redness. IPL is also effective in reducing pore size. Can treat face, neck, chest, arms, legs, hands. Recommended as a series for best results.

*Note for IPL Therapy—Avoid sun exposure 4 weeks before and after treatment.*

15–30 minutes

ANTI-AGING / DISCOLORATION / REDNESS

**LimeLight Therapy**

LimeLight Therapy is used for the treatment of skin redness, tiny veins, brown spots, and sun damage. The procedure offers to improve skin tone and imperfections associated with photodamage and aging.

30 minutes

ANTI-AGING / DISCOLORATION / REDNESS

### Vascular Therapy

Using our safe and effective laser technology, treat vascular issues on the face, neck, chest and legs, including unwanted telangiectasia (blood vessels), spider veins and broken capillaries.

*Note for Vascular Therapy — No alcoholic beverages should be consumed, or blood thinners taken 72 hours prior to treatment.*

7–15 minutes

REDNESS

### Laser Hair Removal

Achieve permanent hair reduction on all skin types, including tanned and darker complexions. Multiple treatments may be recommended.

*Note for Laser Hair Removal — Please be sure not to remove the hair from the root 6–8 weeks prior to scheduled appointment (tweezing, waxing, threading or depilatories). Also, please be sure to shave the treated area the night before or day of treatment. The treated area should be free of self tanner at least one week prior to treatment. Numbing cream is available for sensitive skin types. Must request when booking appointment.*

15 minutes–2 hours

ALL SKIN TYPES

## Injectables and Specialty

### BOTOX® Cosmetic

BOTOX® reduces wrinkles and expression lines between the eyebrows, around the eyes and across the forehead, creating smoother skin and a younger appearance. Our proven technique delivers dramatic results while maintaining a natural look.

30 minutes

ANTI-AGING

### Dermal Fillers: Juvéderm® • Restylane® • Radiesse®

We offer a variety of FDA-approved fillers to instantly smooth wrinkles, reduce folds, and to plump lips and deeper lines. These naturally occurring substances use either hyaluronic acid or are calcium-derived to add volume and hydration. Treatment is customized to desired result and based on consultation.

60 minutes

ANTI-AGING

### Liquid Facelift

Allow our experienced injectors help lift, contour and freshen an exhausted or drawn face. By using a combination of BOTOX® and dermal fillers, we can create natural improvements without surgery. When choosing the liquid facelift, we will gladly add our DermaLucent™ to promote healing and longer lasting results.

Time will vary

ANTI-AGING

### Cosmelan® Depigmentation

A depigmentation treatment for melasma, dark brown spots, and stubborn sun spots, which can be used for all skin types. This two-phase treatment lightens visible discoloration and inhibits the cycle that causes pigment to surface later. Treatment will begin with an on-site facial, followed by an at-home topical regimen. Second appointment will be scheduled three weeks later.

30 minutes; complimentary follow-up touch-up: 30 minutes

DISCOLORATION

### Hyfrecator

This procedure eliminates unwanted benign issues, such as milia, skin tags, capillary angiomas, or sebaceous hyperplasia. One to two treatments may be needed, down time may vary.

15–30 minutes

ALL SKIN TYPES

### TCA Spot Removal

The Trichloric Acid Peel treats advanced sun damage, age spots and splotchy pigmentation. TCA is a superficial to medium peel that requires several days of downtime, depending on skin condition. This treatment can be used for all skin types.

30–60 minutes

DISCOLORATION

### Latisse®

Latisse® solution is used to grow eyelashes, making them longer, thicker and darker. It is considered a prescription and a consultation is needed.

15 minutes

ALL SKIN TYPES

### Consultations

We are dedicated to helping clients achieve their skin care goals. If you would like to have a consultation before choosing a service, you may book a consultation for a \$100 fee. However, this fee is applied to any future service or product of your choice!

### Scheduling

Appointments are preferred, but not always necessary. If we have available Skin Health Experts, we will be happy to provide your desired treatment. However, most procedures are booked several weeks in advance.

### Confirmation Calls

A courtesy confirmation call is usually made within 48 hours of your scheduled appointment time as a reminder. However it is your responsibility to maintain your appointment.

### Arrival

Check in with the front desk at least 15 minutes prior to your scheduled appointment to prepare for your treatment. As we are a medical skin spa, we require that all new clients fill out skin care history information and treatment consent forms. For your convenience, you can now download the new client paperwork from our website.

### Late Arrivals

Our scheduling is designed to permit the correct amount of time to complete your service. A late arrival will deprive you of precious treatment time. In fairness to others, your treatment must end on time so the other clients' sessions can begin on time. If you are not able to be on time, we will do our best to complete as much of your treatment as possible; however, with some treatments, it may be necessary to reschedule your appointment. If you are 20+ minutes late for your scheduled facial, you will be considered a "no-show" and charged for 100% of your service fee. For all other scheduled treatments, if you are 5+ minutes late, you will be considered a "no-show" and charged at 100% of your service price.

### Cancellations

Your scheduled appointment is reserved exclusively for you. Should you need to cancel or reschedule your appointment, please notify us 24 hours in advance to avoid a charge for 50% of treatment scheduled. All services cancelled or rescheduled the day of appointment will be charged at 100% of service price.

### This Is Your Time to Relax

Please leave babies and children at home, pets are not allowed. Turn off cell phones and pagers. Inform our front desk staff if you have any special needs or concerns, to allow us to ensure your time spent with us is a memorable experience.

*All prices are subject to change without notice. All times stated are approximate. Skin Health Experts reserves the right to refuse services at our discretion.*

### Standard Reservation Policy

A credit card number or gift certificate number is required to secure all appointments.

### Product Returns

Your satisfaction is our utmost concern. If you are not satisfied with one of our products, please bring in the product with your receipt within two weeks of the purchase. We will gladly exchange the full value of the returned product for a product or products more suited to your desired result. If you do not wish to have a product exchange, we would be happy to give you a credit toward one of our services, or a refund credited back to you in the same method of payment used for purchase.

### Added Comfort

With any of our medically based treatments, a topical anesthetic cream is available and can be applied 15 minutes before your treatment. You may order your cream when you schedule your appointment.

### Payment

Skin Health Experts accepts cash, Visa, MasterCard, Discover, American Express, and Kate Somerville Gift Card as a method of payment. We also have custom financing packages available for several of our series of treatments. Checks not accepted.

### Gratuities

Gratuities are at your discretion and are not included in any service or package.

### Valuables

We are not responsible for lost or stolen items, and encourage you to leave valuables at home.

